

Killearn Horticultural Society

Grass or Cress Heads

How about growing grass heads

You can do it on a stocking head or in a tub.

The grass takes about 14-21 days and the cress about 6-7 days

The advantage of the grass is that you can grow it and keep cutting it [allowing to grow again, the cress is a one off, but you can eat it.

All you need for the Grass tubs are a plastic cup or pot.
[You can draw straight on to polystyrene but not plastic]

Something to decorate it with. Some compost to fill it and some seed. Keep it moist and in a warm place and watch it grow.

Why not try one in the spring and another in august ready for horticultural show. We have a plant grown by a child or a decorated plant pot class [if they have done the pot themselves]



Stocking Heads are made with a piece of old stocking and a water container to sit it in.

Decorate the container

Stretch nylon into a cup and put 2 teaspoons seed into the bottom top up with soil and then tie off the nylon.

Soak the ball and put into its container. Decorate the face then fill the container half full of water {high enough for the nylon tail to reach the water} and pop the head onto the base. Put in a warm sunny position and watch it grow.

[<http://www.homemade-gifts-made-easy.com/grass-heads.html> has clear instructions]